

# H-F PHYSICAL EDUCATION GRADING POLICY

## PHILOSOPHY

The Physical Education program at Homewood-Flossmoor High School is a sequence of learning experiences designed to fulfill the growth, development and behavior needs of each student. The program strives to achieve the development of skills, knowledge of activities, fitness, sportsmanship, and positive attitudes, which make for productive rich adult life. We do this through instruction in a wide variety of activities. We also feel that daily attendance and activity is a must for physical growth and health of the student. Our grading policy is reflective of this philosophy.

### FINAL GRADE:

**Semester grade will be determined as follows:**

$$40\% - 1^{\text{ST}} \text{ QUARTER} \quad * \quad 40\% - 2^{\text{ND}} \text{ QUARTER} \quad * \quad 20\% - \text{FINAL EXAM}$$

### QUARTER GRADES:

50% of each quarter grade will be determined by **SKILLS TESTS** and **WRITTEN EVALUATION**.

50% of each quarter grade will be determined by the student's **DRESS** and **PARTICIPATION** in class activities, which includes attendance.

Courses are broken in to two or three units of instruction. Students earn points in each unit of instruction.

### SENIOR LEADERS AND LEADERS-IN-TRAINING GRADING BREAKDOWN:

**\*Students in the Leaders Program must maintain a B average for the semester and a C average or higher for the quarter.**

40% of each quarter grade will be determined by **SKILLS TESTS** and **SKILL RELATED EVALUATION**. Students earn points in each of the following categories; skill ability, officiating, teaching, initiative, written evaluation.

40% of each quarter grade will be determined by **LEADERSHIP ABILITY**. Students earn points in each of the following categories; equipment, promptness, exercises, enthusiasm, motivation, interaction with students, interaction with teacher, safety awareness, role model, leadership.

20% of each quarter grade will be determined by the students **DRESS** and **PARTICIPATION** in class activities, which includes attendance. Students earn points for dress, participation and attendance.

**Everyone starts with 100 points for participation and attendance. The only way to lower your participation points is by being absent without make-up for activity or by acquiring demerits. Demerits or absences affect the grade as shown below.**

### 9-WEEK CLASS

#### Demerit System

	# of Demerits	=	Points		# of Demerits	=	Points
No Dress – 2 demerits	0	=	100		6	=	70
Language Abuse – 1 demerit	1	=	95		7	=	65
Improper Uniform – 1 demerit	2	=	90		8	=	60
Poor Participation – 1 demerit	3	=	85		9	=	55
Non-Participation – 2 demerits	4	=	80		10	=	0
No HRM Strap – 1 demerit	5	=	75				
Equipment Abuse – 1 demerits							
<b>Gum – 1 demerit</b>							
<b>10 OR MORE DEMERITS = 0 AND FAILURE FOR THE QUARTER</b>							

- NOTE:**
1. Teacher will inform students when the student is given a demerit. Students and parents will be notified by mail if their participation grade gets down to a C, and by phone if it drops to a D.
  2. If a student comes to class after the locker room is locked without a pass, the student will receive (2) demerits and will not be permitted into the locker room.
  3. Receiving demerits for no-dress days **DOES NOT** affect the normal no-dress policy:

1<sup>st</sup> No Dress – Teacher gives a verbal warning

2<sup>nd</sup> No Dress – Teacher contact parent/guardian by **phone, if not available by letter.**

3<sup>rd</sup> No Dress – Teacher issues a detention

4<sup>th</sup> No Dress – Teacher refers student to Dean. Dean contacts parent by phone and issues a 5 Hour Saturday Detention

5<sup>th</sup> No Dress – Teacher refers the student to the Dean to be failed/dropped from Class to study hall. If A or C Quarter the student will return to Physical Education B or D Quarter.

Missing classes decreases the amount of time a student participates in the activities, a student's participation grade may be affected by excused absences unless they are made up. Ten absences for a 9-week class is nearly 1/4 of the quarter students who miss this many classes must make up **exercise** for some of them **or they will fail for the quarter.** All exercise for absence make-up must be completed within one week of the students return to school after the absence.

**POINT SCALE FOR THE NUMBER OF EXCUSED ABSENCES  
WHEN MAKEUP ASSIGNMENTS HAVE NOT BEEN COMPLETED**

**9-Week Class**

0 = 100	6 = 65
1 = 95	7 = 60
2 = 85	8 = 55
3 = 80	9 = 50
4 = 75	10 = 0
5 = 70	

\*\*10 Absences Fails the Quarter \*\*

Unexcused absences may not be made up and will result in the same point reductions shown above.

**\*\*Accumulation of 10 or more absences without making up any **exercise** will result in the student failing the quarter. The status of students due to illness, medical reasons, or other extenuating circumstances will be determined by the Department Chair.**

**HOW TO MAKE-UP EXERCISE FROM AN EXCUSED ABSENCES: (45 minutes = 1 absence):**

1. The student may do 90 minutes (= 2 absences) of physical activity in an environment other than the school with a note from a parent or a supervising professional.
2. Supervised weight room activity - after school when open.
3. Supervised open Swim Night at H-F or open skating at the H-F Ice Arena.
4. Open badminton.
5. Open gymnastics.
6. Intramurals.
7. Out of season conditioning for sport (with coach).
8. Individual make-up with teacher
9. Bowling 2 games with a signed score sheet (Bowling Unit Only)

**PHYSICAL EDUCATION DEPARTMENT POLICIES AND PROCEDURES  
STUDENT INFORMATION HANDOUT**

**1. UNIFORM**

Each student participant in the Physical Education Program is required to wear the **Homewood-Flossmoor High School physical education uniform.** The Physical Education uniform may be purchased from the H-F Campus Store. The student's last name should be placed on the appropriate space on the uniform.

- a. **Shorts and warm-up pants are to be worn with the waistband at the waist.**
- b. All students should have athletic-type white socks and tennis shoes. A student who comes to class without proper shoes will not be allowed to participate.

- c. A student may also need a sweatshirt and sweatpants red, white, gray, or black only for cold weather. These are to be worn over the physical education uniform, not in place of it. Pajama pants are not acceptable. Sweat clothes that are not of the acceptable colors will result in an improper uniform demerit. No other athletic shorts or shirts may be worn over or under the physical education uniform.
- d. Jackets, jeans, etc., are not permitted in place of a sweatshirt or sweatpants.
- e. Students are expected to wear their entire gym suit for class.
- f. Locks and Lockers: Each student will be assigned a small locker and must have a school-approved lock. When you are not in class, the lock should be locked on the small locker. Lock up your purse, wallet, books, clothing, and other valuables in the long locker during class. If your lock is missing, see your teacher or the locker room attendant immediately. No student will be allowed to share a lock and locker except under special temporary permission by teacher.
- g. Hats and/or headwear are **not** permitted in Physical Education class except in the Ice Arena.
- h. Clean rental clothing and straps are available from your teacher. All rentals need to be taken care of during the first 3 minutes of the dress period and students need to be out of the locker room in time for roll call. The cost is \$1.00 and your school ID. Rental clothing and straps are washed after each use. All rental clothing and straps must be turned in to the teacher before the dismissal bell to avoid being billed for the full cost of the rental item(s).

### NO DRESS POLICY

1 <sup>st</sup> No Dress	Teacher gives verbal warning to student
2 <sup>nd</sup> No Dress	Teacher contacts parent/guardian by <u>phone if not available by letter</u>
3 <sup>rd</sup> No Dress	Teacher issues a detention
4 <sup>th</sup> No Dress	Teacher refers student to Dean. Dean contacts parent by phone and issues a 5 Hour Saturday detention.
5 <sup>th</sup> No Dress	Teacher refers student to Dean to be failed/dropped from class to study hall. If A or C Quarter returns to Physical Education B or D Quarter.

## 2. LOCKER ROOM PROCEDURES

- a. No food, drink, or glass containers are allowed in the locker room or activity areas.
- b. Students are not allowed in the locker room during their Physical Education class period.
- c. Students are responsible for keeping the locker room clean and orderly.
- d. Homewood-Flossmoor is not responsible for lost or stolen items.

## 3. CLASS PROCEDURES

- a. Students who are late getting to the locker room will be marked "**TARDY**". If you are going to be late to the locker room for a legitimate reason, you should get a pass from your previous teacher or the dean, etc.
- b. Attendance for class is taken in the proper activity area **5 minutes** after the beginning period bell has rung. A student who is not present in line for roll by this time will be marked "**TARDY**".
- c. Students are allowed **7 minutes** to dress at the end of the period. Students are not allowed to leave the assigned area before the dismissal bell rings. Students who leave early without an instructor's permission will be referred for cutting class.
- d. If it is necessary to be excused from activity, report to your Physical Education teacher first. **DO NOT REPORT TO THE NURSE**. A note from a parent is a valid excuse from participation for a maximum of 2 days, after which time a doctor's note must be obtained; however, that student must dress in a P.E. uniform and complete any written assignments given.
- e. All injuries, even though minor, should be reported to your Physical Education instructor.
- f. Lost and found items: Items can be recovered from the locker room attendant or a Physical Education instructor in the locker room. All items other than Physical Education clothing will be turned in to the Campus Store at the end of each week.
- g. Students will not be allowed to use an activity area or equipment without teacher supervision.
- h. Any student who willfully damages equipment will be charged for the cost of replacement.
- i. Any student who is not dressed will not participate in the activity.

**STUDENTS ARE EXPECTED TO BE DRESSED IN THE PROPER H-F UNIFORM ON A DAILY BASIS (INCLUDING DAYS WHEN MEDICALLY EXCUSED FROM PARTICIPATION) UNLESS OTHERWISE ARRANGED WITH THE TEACHER.**