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**FOR IMMEDIATE RELEASE**

**Bipolar Disorder expert to present at Homewood-Flossmoor High School**

March 23, 2011 (Flossmoor, Ill.) — As the final presentation in its free Parent Education Series, Homewood-Flossmoor High School welcomes Homewood-based psychologist **Dr. David Gottlieb, Ph.D.**, to discuss Bipolar Disorder in teens on Wednesday, April 6, at 7:15 p.m. in the school’s South Building, Room E1.

The criteria by which doctors use to make a bipolar diagnosis in children and teenagers is still being refined by mental health professionals. In his presentation, “Bipolar Disorder in the Teenage Years: What is it and what can you do about it?,” Dr. Gottlieb will help parents understand how this diagnosis differs from normal teenage turmoil and from other clinical diagnoses, such as ADHD and Oppositional Defiant Disorder. In the last part of his talk, he will discuss strategies parents can use to help bipolar children and teens. He has been working with adolescents in the Homewood-Flossmoor area since 1985 and is the author of two books: *Why is my Child’s ADHD Not Better Yet?* (2006) and *Your Child is Defiant: Why is Nothing Working?* (2011).

H-F’s Parent Education Series also included a general parenting seminar by Robert Leece, a professional counselor, on March 2 and an anti-bullying program by author Jodee Blanco on March 8. The series was sponsored in part by a grant from the U.S. Individuals with Disabilities Act.

Homewood-Flossmoor High School is a three-time National Blue Ribbon award-winning school, located at 999 Kedzie Avenue in Flossmoor, Ill. For more information, visit [hfhighschool.org](http://hfhighschool.org) or call 708-799-3000.

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*Homewood-Flossmoor High School is a comprehensive community high school located in the South Suburbs of Chicago. The district serves the villages of Homewood and Flossmoor, and portions of Chicago Heights, Glenwood, Hazel Crest and Olympia Fields. A tradition of excellence is the cornerstone of H-F – the result of commitment on the part of district residents to the idea of a community high school with high standards for students and staff, and a solid goal of excellence in education.*

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