

# He's Just Not That Into You

## The No-Excuses Truth to Understanding Guys

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"We try to come up with some explanation for why they're behaving that way, any explanation, no matter how ridiculous, than the one explanation that's the truth: He's just not that into me." This is some of the first advice given in the book, *He's Just Not That Into You*, by Greg Behrendt and Liz Tuccillo.

situations pertaining to his point. In the letters, women express their problems with the men they are dating and receive feedback from Behrendt.

After a letter

in more simple terms explain why men act the way they do and how it applies to the chapter.

The next part is where the female input comes in. Tuccillo then gives a brief explanation on behalf of all

women as to why they just do not get it. This section, titled "Here's why this one is hard, by Liz" offers women the encouragement to take Behrendt seriously. Aside from this, it offers an insightful opinion from a woman's who has been in similar if not the same situations. She explains that almost all women deal with these typical guy situations and the best way to avoid them is to experience them at least once. Following Tuccillo's views on each chapter, there is sometimes a response from Behrendt.

For some reason, there are often a few girls who just cannot take Behrendt and Tuccillo seriously. For those

people, there are two more sections dedicated just to making the point more clear. In "This is what it should look like," Behrendt gives an example that he has seen first hand of how it can actually work. And if that is still not enough, there is another section, "Greg, I get it!," where readers are able to explain how a situation they have been in has or has not worked out as talked about throughout the chapter.

If all of this is not enough, there is even more. Before the end of every chapter Behrendt and Tuccillo include more sections just to make sure readers do not forget what they have learned. The section named "If you don't believe Greg," is a little black box at the end of the chapter with statistics that are not always reliable but often helpful. In the first chapter titled "He's just not that into you if he's not asking you out," the little black box contains a statistic that says, "100% of men polled said they've never been too busy to call a woman they were really into." These statistics are just one more way for Behrendt to prove his point that the guy is just "not that into you."

Now, after all of this reading Behrendt and Tuccillo do not want the women to forget everything they have learned. This is why they include "What you should have learned in this chapter" section. This usually consists of a quick

checklist of the major points talked about in the chapter. As the chapter finally comes to an end, there is a "super-good really helpful workbook" where Behrendt and Tuccillo include a couple simple exercises to check for a better understanding. This section usually consists of a couple multiple choice questions or a simple short answer question to help women understand themselves and their emotions more clearly. Even though this seems like intense measures to get women to understand that men just are not into them, it has been proven necessary. A woman named Nikki sent in four letters trying to prove the authors wrong. She talks about her boyfriend who is "totally important and totally busy," and says that it is okay that he does not call her and only talks to her when he has time. Greg responds to her many letters with

**How do you show a guy that you are "just not that into them?"**

**"Let him know that I would really want to be friends, [but] nothing more!"**  
-Taahira Bashir, sophomore

**"I would tell him that [he is] unattractive, and I [would not] give him any attention."**  
-Ashley Parrott, freshman

**"Let your sister answer the phone and tell him you're not there."**  
-Shameka Terry, senior

**"Be blunt. If [he is] a man he can take it!"**  
-Ari Timko, junior

### Tricky Tongue Twisters

- ☺ The sixth sick Sheik's sixth sheep is sick.  
(Considered to be the hardest tongue twister in the English Language)
- ☺ Vincent vowed vengeance very vehemently.
- ☺ Which witch wished which wicked wish?
- ☺ If Stu chews shoes, should Stu choose the shoes he chews?
- ☺ What a shame such a shapely sash should such shabby stitches show?
- ☺ Strict strong stringy Stephen Stretch slickly snared six sickly silky snakes.
- ☺ Good blood, bad blood.

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### Voyager Rating:



Out of four

his personal opinion that her boyfriend is "just not that into" her. But every time she continues to say that he is into her, he just does not have time. In her final letter, she tells Greg how her "totally important and totally busy" boyfriend broke up with her. She should have listened to Behrendt's advice in the first place.

The book gives a new and insightful look at how to understand men, but is often brutally honest. While the authors are often only expressing their opinions to help women, it seems as though the women reading the book may end up feeling deeply offended. In other cases, the women take what these authors have to say into deeper consideration and end up falling in love with the book.

This book offers an in depth look at men of all ages, and shows women from a male perspective how

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